

Notre Dame Catholic School – Newmarket

School Travel Plan Pilot School – 2011- 2012

Success Highlights

Newmarket Snap magazine photo,
October 26 2011



Crowded sidewalks on a rainy day!

“We walk rain or shine!”



Engaged students did walk to school reminder PA announcements every Tuesday and Thursday. Parents helped to create a culture of walking by having “meet and walk together Wednesdays.” The cute yellow buses students wore helped to create a friendly but gentle visual reminder to drivers to park and walk a block to school.



Grade 4 standing by the walking wall featuring the January theme, everything Penguins!

Sneaker trophy creator
Grade 5 student



Students adopted a penguin and the whole school voted to name it OREO!



January to April, 2013 - traffic loop counts range from 27 to 86 cars; averaging 56 cars. Two years previous morning counts were over 150 cars!



Healthy School Committee had fun dads helping to plan and role model walking to school!



1-800-361-5653
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York Region Health Connection

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100 percent staff participation!

No cars



Student activity
Greening a Tree

Rick Hansen Public School, Aurora

School Travel Plan Pilot School – 2012-2013

Success highlights

School community engagement in Walk Wednesday initiatives was overwhelming. Great buy in and support for the program.

2013 Stats:	Student participation	Staff participation
February	89%	100%
March	92%	100%
April	92%	100%
May	95%	100%
June	95%	100%

“We stopped the POLLUTION of 1,137 lbs. of CO2 emissions!

In just 17 school days we walked or rode 1,175 one way trips to school! That means with an average of one km for a one way trip to school we could have walked all the way to Niagara Falls almost seven times! We also saved 223 liters of gas which is about \$5,914 in cost savings!!!!”

Laura - Healthy School parent champion

Whole school engagement activities helped excite students to walk and bike to school. Monthly themed activities were held including *Greening a Tree, Golden Shoe Trophy award, Find Freddy the Foot Community Scavenger Hunt* and *Jelly Brain Day - Bike Safety Education*. Earning foot charms and offering healthy treats added fun to the monthly theme walking days. Introducing friendly competition between divisions, students and staff also contributed to the enormous success of the program.

Can Bike offered full day bike safety education to the students. Bikes were tuned-up by Can Bike instructors just in time for *Bike to School Day* held on June 12th, 2013!

Rick Hansen Public School is the *iCANwalktoschool...can you?* York Region winner for 2012-13! Congratulations!

Our Lady of Hope Catholic School - Richmond Hill

School Travel Plan—Pilot School 2012-13

Success Highlights

Here's what we observed and heard. The results were impressive!

Education and Engagement

- ✓ Student engagement was key to success of walking initiatives at the school! Excited grade eight students took over planning and implementation of walking and biking initiatives. Great results were the outcome!
- ✓ Students loved incentive prizes such as the opportunity to earn foot charms for walking. Parents were excited to help the students get the charms and joined them on the walk to school!
- ✓ Student gained valuable leadership skills through announcements writing and program planning



Students loved earning Foot Charms for walking & biking to school!

Infrastructure

- ✓ Bicycle use gained popularity –the bike racks were moved to a more central visible spot, adjoining school/community paths nearby! Bike safety education was provided to whole primary division. Junior and intermediate bike education planned for fall
- ✓ The school pedestrian path connected to the community bike system was finished
- ✓ Parking lot improvements included expanding and numbering the parking spots was successful in assisting teachers to get a parking spot on site.
- ✓ Fewer cars in the Kiss N Ride! On site school traffic counts- showed 55 less cars after walking & biking initiatives were implemented

Traffic congestion has moved to the bike racks!



“We are very pleased with the success of the walking program this year!
We plan to continue next year”

Katherine Pellegrini—Principal



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